

As,

L	O	C	K
+1↓	+1↓	-1↓	-1↓
M	P	B	J

and

B	L	O	W
+1↓	+1↓	-1↓	-1↓
C	M	N	V

Similarly,

W	I	N	E
+1↓	+1↓	-1↓	-1↓
X	J	M	D